

S	O	B	E	R
Steroids	Addiction	Has finished Step Nine	Positive coping strategies	Meditation
Family	Self-help support group	Meth	Affirmations	Pain pills
Resentments	Better communication	FREE	Mental Health Court	Homelessness
Inhalants	Relapse	Marijuana	Money problems	Relationships
High risk situation	Heroin	Memory loss	Celebrated a recovery milestone/Anniv within the past week	Co-occurring disorder

S	O	B	E	R
Mental Health Court	Meditation	Better communication	Resentments	Celebrated a recovery milestone/Anniv within the past week
Positive coping strategies	Homelessness	Inhalants	Self-help support group	Affirmations
Treatment	Memory loss	FREE	Family	Has finished Step Nine
Money problems	Pain pills	Meth	Relapse	Co-occurring disorder
Addiction	Steroids	Trigger	Has fewer than 90 days clean/sober	Heroin

S	O	B	E	R
Mental Health Court	Family	Money problems	Has fewer than 90 days clean/sober	Affirmations
Addiction	Trigger	Treatment	Co-occurring disorder	Self-help support group
Has a sponsor	Relapse	FREE	Marijuana	Pain pills
Memory loss	Inhalants	Homelessness	Better communication	Relationships
Celebrated a recovery milestone/Anniv within the past week	Resentments	Meditation	Has finished Step Nine	Meth