

B	I	N	G	O
Respect	Active listening	Compatible values	Needs/feelings can be expressed	Intense
Breaks promises	Open to growth or change	Maintaining independence	Appropriate disclosure	Needs/feelings are silenced
One-way-street	Taking responsibility	BOUNDARIES	Authenticity	Empathetic
Fun!	Negotiation & compromise	Integrity	Defensiveness	Isolates
Criticism	Balanced contribution	Manipulates	Triangulation	Compatible spirituality

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Taking responsibility	Appropriate disclosure	Needs/feelings can be expressed	Breaks promises	Maintaining independence
Compatible values	Triangulation	Intense	Balanced contribution	Needs/feelings are silenced
Fun!	Authenticity	BOUNDARIES	Empathetic	Active listening
Defensiveness	Manipulates	Respect	Compatible spirituality	Negotiation & compromise
Integrity	Isolates	One-way-street	Open to growth or change	Criticism

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Balanced contribution	Manipulates	Appropriate disclosure	Isolates	Authenticity
Respect	Fun!	Integrity	Open to growth or change	Intense
One-way-street	Compatible spirituality	BOUNDARIES	Negotiation & compromise	Defensiveness
Taking responsibility	Needs/feelings are silenced	Needs/feelings can be expressed	Triangulation	Compatible values
Empathetic	Active listening	Maintaining independence	Breaks promises	Criticism