

B	I	N	G	O
Valued	Afraid	Abandoned	Disappointed	Respected
Insecure	Content	Unsure	Overwhelmed	Aggravated
Relaxed	Surprised	FREE	Violated	Bitter
Optimistic	Giddy	Happy	Satisfied	Hurt
Provoked	Startled	Hysterical	Enraged	Distraught

B	I	N	G	O
Jolly	Happy	Distracted	Bored	Calm
Lonely	Irritated	Hysterical	Apprehensive	Surprised
Respected	Giddy	FREE	Bitter	Grief
Unsure	Aggravated	Violated	Optimistic	Courageous
Disappointed	Pessimistic	Vulnerable	Sad	Relaxed

B	I	N	G	O
Overwhelmed	Sensitive	Bitter	Confused	Pessimistic
Irritated	Content	Provoked	Jolly	Afraid
Giddy	Abandoned	FREE	Insecure	Lonely
Valued	Bored	Worthless	Worried	Courageous
Vulnerable	Apprehensive	Respected	Optimistic	Curious