

B	I	N	G	O
Valued	Afraid	Abandoned	Disappointed	Respected
Irritated	Content	Unsure	Overwhelmed	Aggravated
Surprised	Violated	FREE	Bitter	Optimistic
Grief	Trusting	Happy	Sensitive	Hysterical
Provoked	Startled	Relaxed	Enraged	Distraught

B	I	N	G	O
Jolly	Happy	Distracted	Bored	Calm
Optimistic	Irritated	Insecure	Apprehensive	Trusting
Sad	Giddy	FREE	Bitter	Unsure
Aggravated	Violated	Grief	Lonely	Hurt
Courageous	Disappointed	Pessimistic	Vulnerable	Satisfied

B	I	N	G	O
Respected	Overwhelmed	Sensitive	Bitter	Confused
Provoked	Irritated	Courageous	Relaxed	Lonely
Afraid	Giddy	FREE	Abandoned	Insecure
Content	Optimistic	Valued	Bored	Worthless
Worried	Vulnerable	Apprehensive	Sad	Curious