

S	O	B	E	R
Treatment	Addiction	AA	Has finished Step Nine	Prayer
Mental Health	Co-occurring disorder	Service	NA	Self-help support group
Better communication	Marijuana	Celebrated a recovery milestone/Anniv within the past week	Meditation	Relationships
Memory loss	Positive coping strategies	Resentments	High risk situation	Heroin
Meth	CPS	Money problems	Affirmations	Relapse

S	O	B	E	R
Marijuana	Better communication	Meditation	Service	Addiction
Treatment	NA	Prayer	Meth	Affirmations
Money problems	Self-help support group	Co-occurring disorder	Has finished Step Nine	Pain pills
Trigger	Relapse	Relationships	Celebrated a recovery milestone/Anniv within the past week	Positive coping strategies
AA	Mental Health	Steroids	CPS	clean/sober

S	O	B	E	R
Trigger	Co-occurring disorder	Affirmations	Relapse	NA
Family	clean/sober	Addiction	Treatment	Mental Health
Celebrated a recovery milestone/Anniv within the past week	Prayer	Meditation	Has finished Step Nine	Money problems
Marijuana	Heroin	Positive coping strategies	Steroids	Court system
Relationships	Memory loss	AA	CPS	Meth