

The AAP recommends breastfeeding for one year or longer.	A little breastmilk is better than none.	Breastfeeding reduces baby's incidence of ear infections.	Mom's breasts make milk while baby is nursing or mom is expressing milk.	Human milk changes to meet the baby's needs.
Breastfeeding is the natural way to feed a baby.	Thawed breastmilk should not be re-frozen.	Human milk may be stored in plastic containers.	Breastfed babies have less colic.	Keep a bottle of frozen milk for emergencies.
Starting solid foods before the baby is 6 months old may cause allergies	The more a baby nurses at mom's breast the more milk she makes.	FREE	Breastfeeding and putting baby on his back to sleep help prevent SIDS.	Breastmilk helps prevent diarrhea in babies.
California law protects a mother's right to nurse any place where the mother & child are authorized to be present.	Mother's milk is the only food a baby needs the first 6 months of life.	Feed the baby at his or her first signs of hunger.	Breastmilk has antibodies that protect babies against disease.	Human milk is easier for babies to digest than formula.
Breastfeeding saves tax dolla	Breastfeeding increases mom's self-confidence.	It is recommended that leftover breastmilk be discarded.	Wash your hands every time before and after you feed a baby.	Breastfeeding may lower the mother's risk of getting breast cancer.

The more a baby nurses at mom's breast the more milk she makes.	Breastfed babies have less colic.	Mom's breasts make milk while baby is nursing or mom is expressing milk.	Breastfeeding is the natural way to feed a baby.	Human milk may be stored in plastic containers.
Breastfeeding reduces baby's incidence of ear infections.	Wash your hands every time before and after you feed a baby.	Human milk changes to meet the baby's needs.	Breastfeeding increases mom's self-confidence.	Keep a bottle of frozen milk for emergencies.
California law protects a mother's right to nurse any place where the mother & child are authorized to be present.	Breastfeeding and putting baby on his back to sleep help prevent SIDS.	FREE	Breastmilk helps prevent diarrhea in babies.	A little breastmilk is better than none.
Breastmilk has antibodies that protect babies against disease.	It is recommended that leftover breastmilk be discarded.	The AAP recommends breastfeeding for one year or longer.	Breastfeeding may lower the mother's risk of getting breast cancer.	Mother's milk is the only food a baby needs the first 6months of life.
Feed the baby at his or her first signs of hunger.	Human milk is easier for babies to digest than formula.	Starting solid foods before the baby is 6 months old may cause allergies	Thawed breastmilk should not be re-frozen.	Breastfeeding saves tax dolla

Breastfeeding increases mom's self-confidence.	It is recommended that leftover breastmilk be discarded.	Breastfed babies have less colic.	Human milk is easier for babies to digest than formula.	Breastfeeding and putting baby on his back to sleep help prevent SIDS.
The AAP recommends breastfeeding for one year or longer.	California law protects a mother's right to nurse any place where the mother & child are authorized to be present.	Feed the baby at his or her first signs of hunger.	Thawed breastmilk should not be re-frozen.	Human milk changes to meet the baby's needs.
Starting solid foods before the baby is 6 months old may cause allergies	Breastfeeding may lower the mother's risk of getting breast cancer.	FREE	Mother's milk is the only food a baby needs the first 6months of life.	Breastmilk has antibodies that protect babies against disease.
The more a baby nurses at mom's breast the more milk she makes.	Keep a bottle of frozen milk for emergencies.	Mom's breasts make milk while baby is nursing or mom is expressing milk.	Wash your hands every time before and after you feed a baby.	Breastfeeding reduces baby's incidence of ear infections.
Breastmilk helps prevent diarrhea in babies.	A little breastmilk is better than none.	Human milk may be stored in plastic containers.	Breastfeeding is the natural way to feed a baby.	Breastfeeding saves tax dolla