B	I	N	G	O
One goal is to always try my best.	I am a team-player.	I am a good person.	I am strong.	I now give and receive love.
I choose to make positive choices.	I am happy.	It is ok for me to be me.	I have skills.	I will get through this.
I am awesome.	I believe in myself.	**FREE**	I am great at trying new things.	I calmly work out problems.
I trust in myself.	I can reach my goals.	I love who I am.	I will achieve anything I work hard for.	I am working hard.
I am stronger every day.	I chose to be happy.	I am calm.	I chose to be healthy.	I am amazing.

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B	I	N	G	O
I will get through this.	I am calm.	I reach out.	I believe in myself.	I am awesome.
I calmly work out problems.	It is ok for me to be me.	I am a team-player.	One goal is to always try my best.	I have skills.
I now give and receive love.	I chose to be happy.	**FREE**	I am amazing.	I chose to be healthy.
I am happy.	I am strong.	I help others.	Preparation is key.	I trust in myself.
I am great at trying new things.	I love who I am.	I am a good person.	I choose to make positive choices.	My best quality is respect and kindness.

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B	I	N	G	O
I am calm.	Things will work out.	Preparation is key.	I am happy.	I am amazing.
I reach out.	I have skills.	I am radiant happy and whole.	I am a team-player.	One goal is to always try my best.
I choose to make positive choices.	I am great at trying new things.	**FREE**	I now give and receive love.	I calmly work out problems.
I am strong.	I chose to be healthy.	I believe in myself.	I am stronger every day.	I love who I am.
My best quality is respect and kindness.	I am loved.	I trust in myself.	I can reach my goals.	I am a good person.

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