

B	I	N	G	O
Used Breastmilk as medicine.	Breastfed babies have less colic.	Breastfeeding lowers risk of diabetes.	Older Child asked to try breastmilk.	Human milk is easier for babies to digest than formula.
Breastfed while sleeping.	The more a baby nurses at mom's breast the more milk she makes.	Mom's breasts make milk while baby is nursing or mom is expressing milk.	Breastfed in a car.	Nursed skin to skin.
Stopped Coffee while breastfeeding.	Wash your hands every time before and after you feed a baby.	FREE	Breastfed outside your home.	Didnt eat spicy food while breastfeeding.
Feed the baby on demand only.	Starting solid foods before the baby is 6 months old may cause allergies	Forgot to close your shirt after breastfeeding.	Chosen clothes based on wether you can breastfeed or not.	Leaked outside your shirt.
Breastmilk helps prevent diarrhea in babies.	Breastfed while having sore nipples.	Mother's milk is the only food a baby needs the first 6months of life.	stored breastmilk in the fridge.	Breastfeeding and putting baby on his back without burping.

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