



Personal Hygiene Bingo Call Sheet

This is a randomized list of all 30 bingo events in square format that you can mark off in order, choose from randomly, or cut up to pull from a hat:



Cleaning ears	Using chapstick	Using body lotion	Taking care of braces (if applicable)	Using tissues
Cleaning shoes	Brushing hair	Trimming nails	Combing hair	Using hand sanitizer
Using a foot scrub	Applying sunscreen	Shampooing hair	Washing hands	Using a nail brush
Changing clothes daily	Blowing nose	Cleaning glasses	Wearing clean socks	Brushing teeth
Flossing	Showering	Using soap	Applying insect repellent	Changing underwear daily
Using deodorant	Using mouthwash	Using a tongue scraper	Washing face	Wiping properly