



# Recovery Bingo Instructions

## Host Instructions:

- Decide when to start and select your goal(s)
- Designate a judge to announce events
- Cross off events from the list below when announced

## Goals:

- First to get any line (up, down, left, right, diagonally)
- First to get all four corners
- First to get two diagonal lines through the middle (an "X")
- First to get a "blackout" (all squares)

## Guest Instructions:

- Check off events on your card as they occur
- If you complete a goal, shout "BINGO!". You've won!
- The judge decides in the case of disputes

## This is an alphabetical list of all 28 events:

Addiction, Affirmations, Better communication, Celebrated a recovery milestone/Anniv within the past week, Co-occurring disorder, Family, Has a sponsor, Has fewer than 90 days clean/sober, Has finished Step Nine, Heroin, High risk situation, Inhalants, Marijuana, Meditation, Memory loss, Mental Health Court, Meth, Money problems, NNAMHS, Pain pills, Positive coping strategies, Relapse, Relationships, Resentments, Self-help support group, Steroids, Treatment, Trigger.



# Recovery Bingo Call Sheet

This is a randomized list of all 28 bingo events in square format that you can mark off in order, choose from randomly, or cut up to pull from a hat:



Has a sponsor	Pain pills	Trigger	Memory loss	Inhalants
Has finished Step Nine	Addiction	Affirmations	Better communication	NNAMHS
Co-occurring disorder	Steroids	Heroin	Family	Meth
Marijuana	Celebrated a recovery milestone/Anniv within the past week	Treatment	Money problems	Positive coping strategies
Mental Health Court	Relationships	High risk situation	Resentments	Self-help support group
Meditation	Has fewer than 90 days clean/sober	Relapse		

<b>S</b>	<b>O</b>	<b>B</b>	<b>E</b>	<b>R</b>
Relationships	Resentments	Co-occurring disorder	Treatment	NNAMHS
Celebrated a recovery milestone/Anniv within the past week	Marijuana	Memory loss	Relapse	Has a sponsor
Mental Health Court	Meth	FREE	Trigger	High risk situation
Affirmations	Addiction	Family	Has fewer than 90 days clean/sober	Inhalants
Self-help support group	Positive coping strategies	Pain pills	Better communication	Heroin

This bingo card was created randomly from a total of 28 events.

Addiction, Affirmations, Better communication, Celebrated a recovery milestone/Anniv within the past week, Co-occurring disorder, Family, Has a sponsor, Has fewer than 90 days clean/sober, Has finished Step Nine, Heroin, High risk situation, Inhalants, Marijuana, Meditation, Memory loss, Mental Health Court, Meth, Money problems, NNAMHS, Pain pills, Positive coping strategies, Relapse, Relationships, Resentments, Self-help support group, Steroids, Treatment, Trigger.

<b>S</b>	<b>O</b>	<b>B</b>	<b>E</b>	<b>R</b>
Treatment	Pain pills	Relationships	Inhalants	Trigger
Marijuana	High risk situation	Addiction	Memory loss	Meth
Heroin	Relapse	FREE	Steroids	Self-help support group
Family	Celebrated a recovery milestone/Anniv within the past week	Resentments	Has a sponsor	Mental Health Court
Positive coping strategies	NNAMHS	Better communication	Meditation	Affirmations

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Addiction, Affirmations, Better communication, Celebrated a recovery milestone/Anniv within the past week, Co-occurring disorder, Family, Has a sponsor, Has fewer than 90 days clean/sober, Has finished Step Nine, Heroin, High risk situation, Inhalants, Marijuana, Meditation, Memory loss, Mental Health Court, Meth, Money problems, NNAMHS, Pain pills, Positive coping strategies, Relapse, Relationships, Resentments, Self-help support group, Steroids, Treatment, Trigger.