



Protein Bingo Call Sheet

This is a randomized list of all 25 bingo events in square format that you can mark off in order, choose from randomly, or cut up to pull from a hat:



pork	stay healthy	lamb	powder	quail
muscle mass	infection	4.0 higher	weak	binders
tofu	fatigue	eggs	healing	salmon
beef	catfish	chicken	veal	egg substitute
turkey	Fish	tuna	protein bars	hospitalization