



Fluid and Electrolyte Bingo

Bingo Instructions

Host Instructions:

- Decide when to start and select your goal(s)
- Designate a judge to announce events
- Cross off events from the list below when announced

Goals:

- First to get any line (up, down, left, right, diagonally)
- First to get all four corners
- First to get two diagonal lines through the middle (an "X")
- First to get a "blackout" (all squares)

Guest Instructions:

- Check off events on your card as they occur
- If you complete a goal, shout "BINGO!". You've won!
- The judge decides in the case of disputes

This is an alphabetical list of all 24 events:

1 Kg of weight, Aldosterone, Chvostek's Sign, DI, Fluid Volume Deficit, Fluid Volume Excess, Hypokalemia, Hypercalcemia, Hyponatremia, Hypocalcemia, Hypokalemia, Hyponatremia, Hypovolemic Shock, Insulin & D50%, LR, Osmosis, Pulmonary Edema, SIADH, Salt Substitute, Serum Magnesium, Serum Na, Serum Potassium, Serum Total Calcium, Trousseau's Sign.



Fluid and Electrolyte Bingo Bingo Call Sheet

This is a randomized list of all 24 bingo events in square format that you can mark off in order, choose from randomly, or cut up to pull from a hat:



| | | | | |
|-----------------|-----------------|----------------------|---------------------|------------------|
| Hypekalemia | Chvostek's Sign | Fluid Volume Deficit | Hypernatremia | Aldosterone |
| 1 Kg of weight | Hypercalcema | Hypocalcemia | LR | Pulmonary Edema |
| Serum Potassium | Hyponatremia | Osmosis | Hypokalemia | Serum Na |
| Serum Magnesium | DI | Serum Total Calcium | Fluid Volume Excess | Hypovlemic Shock |
| Salt Substitute | Insulin & D50% | Trousseau's Sign | SIADH | |

| | | | | |
|---------------------|-----------------|----------------------|---------------------|-----------------|
| B | I | N | G | O |
| Hypekalemia | Hyponatremia | Fluid Volume Deficit | Serum Total Calcium | Salt Substitute |
| Trousseau's Sign | Serum Na | SIADH | Hypokalemia | Chvostek's Sign |
| Osmosis | Hypercalcema | FREE SPACE | Insulin & D50% | Aldosterone |
| Fluid Volume Excess | Hypocalcemia | Serum Magnesium | Hypovlemic Shock | 1 Kg of weight |
| Hypernatremia | Pulmonary Edema | DI | Serum Potassium | LR |

This bingo card was created randomly from a total of 24 events.

1 Kg of weight, Aldosterone, Chvostek's Sign, DI, Fluid Volume Deficit, Fluid Volume Excess, Hypekalemia, Hypercalcema, Hypernatremia, Hypocalcemia, Hypokalemia, Hyponatremia, Hypovlemic Shock, Insulin & D50%, LR, Osmosis, Pulmonary Edema, SIADH, Salt Substitute, Serum Magnesium, Serum Na, Serum Potassium, Serum Total Calcium, Trousseau's Sign.

| | | | | |
|---------------------|-----------------|------------------|------------------|----------------------|
| B | I | N | G | O |
| Hyponatremia | Hypekalemia | Serum Magnesium | Serum Na | Osmosis |
| Serum Total Calcium | Chvostek's Sign | Insulin & D50% | 1 Kg of weight | Aldosterone |
| Hypercalcema | Hypocalcemia | FREE SPACE | Serum Potassium | Fluid Volume Excess |
| LR | Hypernatremia | Hypovlemic Shock | Trousseau's Sign | Fluid Volume Deficit |
| SIADH | DI | Pulmonary Edema | Hypokalemia | Salt Substitute |

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