



Sports Medicine Bingo Instructions

Host Instructions:

- Decide when to start and select your goal(s)
- Designate a judge to announce events
- Cross off events from the list below when announced

Goals:

- First to get any line (up, down, left, right, diagonally)
- First to get all four corners
- First to get two diagonal lines through the middle (an "X")
- First to get a "blackout" (all squares)

Guest Instructions:

- Check off events on your card as they occur
- If you complete a goal, shout "BINGO!". You've won!
- The judge decides in the case of disputes

This is an alphabetical list of all 33 events:

120/80, 1st Domain of Athletic Training, 3 Hamstring Muscles, 4 Quad Muscles, ATF ligament, Atrophy, Chondromalacia, Dislocation, Dorsiflexion, Eversion, Femur, Fibula, Four Main Knee Ligaments, GFI Outlets, Gerdy's Tubercle, Grade 3 Sprain, Hypertrophy, Inversion, Jumpers knee, MTSS, Myositis Ossificians, Normal Resting Pulse, PRICE, Patellar bursitis, Primary Survey, Quadricep Contusion, Sartorius, Secondary Survey, Sprain, Strain, Subluxation, Tibia, Universal Precautions.



Sports Medicine Bingo Call Sheet

This is a randomized list of all 33 bingo events in square format that you can mark off in order, choose from randomly, or cut up to pull from a hat:



4 Quad Muscles	MTSS	Secondary Survey	Tibia	Patellar bursitis
Atrophy	Subluxation	Dislocation	Gerdy's Tubercle	Primary Survey
Femur	Eversion	Inversion	Myositis Ossificians	ATF ligament
Fibula	Hypertrophy	120/80	Strain	Chondromalacia
Sartorius	Grade 3 Sprain	Four Main Knee Ligaments	Dorsiflexion	Sprain
Jumpers knee	GFI Outlets	3 Hamstring Muscles	1st Domain of Athletic Training	Quadricep Contusion



Sports Medicine Bingo Call Sheet

This continues the randomized list of all 33 bingo events. The bingo squares are aligned on each page to allow for easier cutting.



PRICE	Universal Precautions	Normal Resting Pulse
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B	I	N	G	O
Chondromalacia	Strain	Tibia	Quadricep Contusion	Primary Survey
Universal Precautions	Fibula	MTSS	3 Hamstring Muscles	1st Domain of Athletic Training
Femur	Gerdy's Tubercle	FREE	Grade 3 Sprain	PRICE
Sartorius	Dorsiflexion	Inversion	Patellar bursitis	Normal Resting Pulse
ATF ligament	4 Quad Muscles	Secondary Survey	Atrophy	Dislocation

This bingo card was created randomly from a total of 33 events.

120/80, 1st Domain of Athletic Training, 3 Hamstring Muscles, 4 Quad Muscles, ATF ligament, Atrophy, Chondromalacia, Dislocation, Dorsiflexion, Eversion, Femur, Fibula, Four Main Knee Ligaments, GFI Outlets, Gerdy's Tubercle, Grade 3 Sprain, Hypertrophy, Inversion, Jumpers knee, MTSS, Myositis Ossificians, Normal Resting Pulse, PRICE, Patellar bursitis, Primary Survey, Quadricep Contusion, Sartorius, Secondary Survey, Sprain, Strain, Subluxation, Tibia, Universal Precautions.

B	I	N	G	O
Eversion	Fibula	Secondary Survey	Femur	Chondromalacia
120/80	Myositis Ossificians	Atrophy	Tibia	3 Hamstring Muscles
Primary Survey	Subluxation	FREE	MTSS	Grade 3 Sprain
GFI Outlets	ATF ligament	Strain	Sartorius	Dorsiflexion
4 Quad Muscles	Hypertrophy	Patellar bursitis	Quadricep Contusion	Dislocation

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