



Recovery Bingo Instructions

Host Instructions:

- Decide when to start and select your goal(s)
- Designate a judge to announce events
- Cross off events from the list below when announced

Goals:

- First to get any line (up, down, left, right, diagonally)
- First to get all four corners
- First to get two diagonal lines through the middle (an "X")
- First to get a "blackout" (all squares)

Guest Instructions:

- Check off events on your card as they occur
- If you complete a goal, shout "BINGO!". You've won!
- The judge decides in the case of disputes

This is an alphabetical list of all 38 events:

90 in 90, Acknowledging the things I can not change, Focus on Today, Goals, Has fewer than 90 days clean/sober, High risk situation, How I feel about recovery, How my family was affected, How my sleep was affected, How my thinking was affected, Life in Recovery, Meditation, Mental Health Court, Mental Health Symptoms, Recovery, Step work, Warning Signs, \"Thinking I can do this alone\", addiction, affirmations, better communication, co-occurring disorder, family, heroin, inhalants, marijuana, memory loss, meth, money problems, pain pills, positive coping strategies, relapse, relationships, resentments, self-help support group, steroids, treatment, trigger.



Recovery Bingo Call Sheet

This is a randomized list of all 38 bingo events in square format that you can mark off in order, choose from randomly, or cut up to pull from a hat:



\Thinking I can do this alone\	Mental Health Court	How my thinking was affected	relapse	Life in Recovery
addiction	positive coping strategies	How I feel about recovery	meth	resentments
inhalants	trigger	90 in 90	co-occurring disorder	How my sleep was affected
Step work	money problems	pain pills	High risk situation	Has fewer than 90 days clean/sober
How my family was affected	marijuana	affirmations	steroids	Mental Health Symptoms
self-help support group	Recovery	Goals	memory loss	better communication



Recovery Bingo Call Sheet

This continues the randomized list of all 38 bingo events. The bingo squares are aligned on each page to allow for easier cutting.



heroin	relationships	Focus on Today	Acknowledging the things I can not change	treatment
family	Warning Signs	Meditation		

Recovery Bingo

self-help support group	Mental Health Symptoms	positive coping strategies	Recovery	Focus on Today
resentments	How I feel about recovery	inhalants	family	\Thinking I can do this alone\
memory loss	pain pills	FREE	meth	treatment
Has fewer than 90 days clean/sober	steroids	How my thinking was affected	marijuana	How my sleep was affected
Warning Signs	Goals	money problems	heroin	addiction

This bingo card was created randomly from a total of 38 events.

Recovery Bingo

Has fewer than 90 days clean/sober	90 in 90	Life in Recovery	Meditation	Step work
pain pills	High risk situation	memory loss	How my thinking was affected	heroin
affirmations	How my sleep was affected	FREE	meth	Focus on Today
Recovery	addiction	Mental Health Court	relationships	How I feel about recovery
steroids	Acknowledging the things I can not change	resentments	Mental Health Symptoms	How my family was affected

This bingo card was created randomly from a total of 38 events.