



# Recovery Bingo Call Sheet

This is a randomized list of all 38 bingo events in square format that you can mark off in order, choose from randomly, or cut up to pull from a hat:



trigger	positive coping strategies	relapse	How my thinking was affected	Goals
Mental Health Court	How my sleep was affected	High risk situation	money problems	resentments
meth	co-occurring disorder	Mental Health Symptoms	treatment	Life in Recovery
Acknowledging the things I can not change	addiction	memory loss	heroin	Focus on Today
inhalants	Has fewer than 90 days clean/sober	steroids	"Thinking I can do this alone"	Recovery
Warning Signs	marijuana	self-help support group	affirmations	better communication



# Recovery Bingo Call Sheet

This continues the randomized list of all 38 bingo events. The bingo squares are aligned on each page to allow for easier cutting.



90 in 90	Meditation	How I feel about recovery	pain pills	Step work
relationships	family	How my family was affected		