



# Recovery Bingo

## Bingo Instructions

### Host Instructions:

- Decide when to start and select your goal(s)
- Designate a judge to announce events
- Cross off events from the list below when announced

### Goals:

- First to get any line (up, down, left, right, diagonally)
- First to get all four corners
- First to get two diagonal lines through the middle (an "X")
- First to get a "blackout" (all squares)

### Guest Instructions:

- Check off events on your card as they occur
- If you complete a goal, shout "BINGO!". You've won!
- The judge decides in the case of disputes

### This is an alphabetical list of all 24 events:

12-Step, Addiction, Admitting my faults, Communication, Cope, Courage, Deep breathing, Depression, Exercise, Family Support, Forgiveness, Honesty, Hope, Intervention, Recovery, Recovery Family, Relapse, Self-respect, Serenity, Sponsor, Strength, Therapy, Treatment, Withdraw.



# Recovery Bingo Bingo Call Sheet

This is a randomized list of all 24 bingo events in square format that you can mark off in order, choose from randomly, or cut up to pull from a hat:



Forgiveness	Recovery	Strength	Serenity	Depression
Therapy	Intervention	Honesty	Hope	Family Support
Communication	Cope	Treatment	Withdraw	Recovery Family
Self-respect	Courage	Relapse	Deep breathing	Addiction
Exercise	Sponsor	Admitting my faults	12-Step	

<b>B</b>	<b>I</b>	<b>N</b>	<b>G</b>	<b>O</b>
Deep breathing	Honesty	Cope	Treatment	Serenity
Withdraw	Strength	Self-respect	Forgiveness	Admitting my faults
Recovery Family	Depression	FREE	Intervention	Addiction
Courage	Family Support	Sponsor	Hope	12-Step
Exercise	Relapse	Communication	Therapy	Recovery

This bingo card was created randomly from a total of 24 events.

12-Step, Addiction, Admitting my faults, Communication, Cope, Courage, Deep breathing, Depression, Exercise, Family Support, Forgiveness, Honesty, Hope, Intervention, Recovery, Recovery Family, Relapse, Self-respect, Serenity, Sponsor, Strength, Therapy, Treatment, Withdraw.

<b>B</b>	<b>I</b>	<b>N</b>	<b>G</b>	<b>O</b>
Honesty	Deep breathing	Sponsor	Strength	Recovery Family
Treatment	Admitting my faults	Intervention	12-Step	Addiction
Depression	Family Support	FREE	Therapy	Courage
Recovery	Exercise	Hope	Withdraw	Cope
Self-respect	Communication	Relapse	Forgiveness	Serenity

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