



Custom Bingo Instructions

Host Instructions:

- Decide when to start and select your goal(s)
- Designate a judge to announce events
- Cross off events from the list below when announced

Goals:

- First to get any line (up, down, left, right, diagonally)
- First to get all four corners
- First to get two diagonal lines through the middle (an "X")
- First to get a "blackout" (all squares)

Guest Instructions:

- Check off events on your card as they occur
- If you complete a goal, shout "BINGO!". You've won!
- The judge decides in the case of disputes

This is an alphabetical list of all 30 events:

Anger Management, Anxiety, Assessments, Communications, Coping Skills, Counselors, Depression, Doctors, Exercise, Follow Ups, Goals, Guided Imagery, Medication, Mood, Music, Noncompliance, Nurses, Patients, Post Traumatic Stress Syndrome, Prevention, Self Confidence, Self Esteem, Social Workers, Stress, Substance Abuse, Successful, Therapists, Thinking, Treatment, Worries.



Custom Bingo Call Sheet

This is a randomized list of all 30 bingo events in square format that you can mark off in order, choose from randomly, or cut up to pull from a hat:



Stress	Treatment	Communications	Self Confidence	Goals
Self Esteem	Post Traumatic Stress Syndrome	Depression	Social Workers	Follow Ups
Exercise	Mood	Successful	Substance Abuse	Anxiety
Worries	Nurses	Patients	Therapists	Medication
Anger Management	Coping Skills	Guided Imagery	Prevention	Noncompliance
Music	Assessments	Doctors	Thinking	Counselors

B	I	N	G	O
Medication	Patients	Nurses	Coping Skills	Depression
Counselors	Goals	Music	Stress	Treatment
Self Confidence	Substance Abuse	FREE SPACE!	Self Esteem	Social Workers
Successful	Thinking	Prevention	Therapists	Mood
Guided Imagery	Worries	Follow Ups	Doctors	Anger Management

This bingo card was created randomly from a total of 30 events.

Anger Management, Anxiety, Assessments, Communications, Coping Skills, Counselors, Depression, Doctors, Exercise, Follow Ups, Goals, Guided Imagery, Medication, Mood, Music, Noncompliance, Nurses, Patients, Post Traumatic Stress Syndrome, Prevention, Self Confidence, Self Esteem, Social Workers, Stress, Substance Abuse, Successful, Therapists, Thinking, Treatment, Worries.

B	I	N	G	O
Successful	Prevention	Stress	Coping Skills	Worries
Therapists	Social Workers	Anger Management	Medication	Doctors
Follow Ups	Thinking	FREE SPACE!	Communications	Patients
Goals	Nurses	Music	Exercise	Post Traumatic Stress Syndrome
Self Confidence	Guided Imagery	Anxiety	Mood	Treatment

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