



Sustainability Health Bingo Instructions

Host Instructions:

- Decide when to start and select your goal(s)
- Designate a judge to announce events
- Cross off events from the list below when announced

Goals:

- First to get any line (up, down, left, right, diagonally)
- First to get all four corners
- First to get two diagonal lines through the middle (an "X")
- First to get a "blackout" (all squares)

Guest Instructions:

- Check off events on your card as they occur
- If you complete a goal, shout "BINGO!". You've won!
- The judge decides in the case of disputes

This is an alphabetical list of all 25 events:

Access, Age, Balanced Diet, Community, Community Connection, Concerns, Economics, Education, Education, Emotional Well being, Equity, Factors, Health, Health Concerns, Lifestyle Disease, Mental Wellbeing, Nutrition, Obesity, Personal, Physical Activity, Physical Inactivity, Preventative, Proactive, Social, Sustainable.



Sustainability Health Bingo Call Sheet

This is a randomized list of all 25 bingo events in square format that you can mark off in order, choose from randomly, or cut up to pull from a hat:



Community	Mental Wellbeing	Community Connection	Equity	Emotional Well being
Access	Health Concerns	Nutrition	Factors	Lifestyle Disease
Proactive	Education	Sustainable	Education	Obesity
Balanced Diet	Social	Health	Personal	Physical Inactivity
Physical Activity	Age	Concerns	Economics	Preventative

B	I	N	G	O
Obesity	Age	Lifestyle Disease	Equity	Physical Inactivity
Sustainable	Access	Health Concerns	Community	Community Connection
Economics	Proactive	FREE	Mental Wellbeing	Social
Factors	Nutrition	Physical Activity	Health	Concerns
Education	Education	Balanced Diet	Personal	Emotional Well being

This bingo card was created randomly from a total of 25 events.

Access, Age, Balanced Diet, Community, Community Connection, Concerns, Economics, Education, Education, Emotional Well being, Equity, Factors, Health, Health Concerns, Lifestyle Disease, Mental Wellbeing, Nutrition, Obesity, Personal, Physical Activity, Physical Inactivity, Preventative, Proactive, Social, Sustainable.

B	I	N	G	O
Physical Inactivity	Lifestyle Disease	Factors	Sustainable	Mental Wellbeing
Emotional Well being	Community	Education	Nutrition	Concerns
Equity	Social	FREE	Balanced Diet	Education
Proactive	Health	Access	Obesity	Preventative
Health Concerns	Community Connection	Personal	Age	Economics

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