



Self Esteem Bingo Instructions

Host Instructions:

- Decide when to start and select your goal(s)
- Designate a judge to announce events
- Cross off events from the list below when announced

Goals:

- First to get any line (up, down, left, right, diagonally)
- First to get all four corners
- First to get two diagonal lines through the middle (an "X")
- First to get a "blackout" (all squares)

Guest Instructions:

- Check off events on your card as they occur
- If you complete a goal, shout "BINGO!". You've won!
- The judge decides in the case of disputes

This is an alphabetical list of all 24 events:

Compliment the person to your left., Compliment the person to your right., Describe something someone could do to make you happy., Describe your greatest strength., Describe your perfect holiday., Give someone in the group a high five., Give the person across from you a compliment., I am good at ____., I am happiest when I ____., I feel best when people ____., I feel good about myself when ____., If you could be friends with any famous person in history who would it be and why?, My favourite part of the day is ____., Name a personal accomplishment that made you proud., Name something you would like to be better at., Say 2 things you are glad about., Say something positive about yourself., Share a characteristic you admire in others., Share a characteristic you admire in yourself., Share a happy event in your life., Share the greatest compliment you ever received., Stand up and let everyone give you a clap., Talk about someone you like., Tell us something you would like to do but haven't yet..



Self Esteem Bingo Call Sheet

This is a randomized list of all 24 bingo events in square format that you can mark off in order, choose from randomly, or cut up to pull from a hat:



Name something you would like to be better at.	Compliment the person to your right.	Compliment the person to your left.	I feel best when people ____.	Give someone in the group a high five.
Name a personal accomplishment that made you proud.	Share the greatest compliment you ever received.	Say something positive about yourself.	Give the person across from you a compliment.	Talk about someone you like.
My favourite part of the day is ____.	Share a characteristic you admire in others.	If you could be friends with any famous person in history who would it be and why?	Share a happy event in your life.	Describe something someone could do to make you happy.
Stand up and let everyone give you a clap.	Say 2 things you are glad about.	Tell us something you would like to do but haven't yet.	Share a characteristic you admire in yourself.	I am good at ____.
I feel good about myself when ____.	Describe your greatest strength.	I am happiest when I ____.	Describe your perfect holiday.	

B	I	N	G	O
Give the person across from you a compliment.	If you could be friends with any famous person in history who would it be and why?	Describe your perfect holiday.	Talk about someone you like.	Share a characteristic you admire in yourself.
Tell us something you would like to do but haven't yet.	Share the greatest compliment you ever received.	Share a characteristic you admire in others.	I feel good about myself when ____.	Describe something someone could do to make you happy.
Say 2 things you are glad about.	I am good at ____.	FREE SPACE!	Name a personal accomplishment that made you proud.	Compliment the person to your right.
Give someone in the group a high five.	I feel best when people ____.	Share a happy event in your life.	My favourite part of the day is ____.	Compliment the person to your left.
I am happiest when I ____.	Say something positive about yourself.	Describe your greatest strength.	Stand up and let everyone give you a clap.	Name something you would like to be better at.

This bingo card was created randomly from a total of 24 events.

B	I	N	G	O
If you could be friends with any famous person in history who would it be and why?	Give the person across from you a compliment.	Share a happy event in your life.	Share the greatest compliment you ever received.	Say 2 things you are glad about.
Talk about someone you like.	Describe something someone could do to make you happy.	Name a personal accomplishment that made you proud.	Compliment the person to your left.	Compliment the person to your right.
I am good at _____.	I feel best when people _____.	FREE SPACE!	Stand up and let everyone give you a clap.	Give someone in the group a high five.
Name something you would like to be better at.	I am happiest when I _____.	My favourite part of the day is _____.	Tell us something you would like to do but haven't yet.	Describe your perfect holiday.
Share a characteristic you admire in others.	Describe your greatest strength.	Say something positive about yourself.	I feel good about myself when _____.	Share a characteristic you admire in yourself.

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