



Gymnastics Bingo Call Sheet

This is a randomized list of all 25 bingo events in square format that you can mark off in order, choose from randomly, or cut up to pull from a hat:



5 candle stick jumps	30 second hold under beam	1 pass Sage with sliders	20 squat jumps	Dragonflies-1 pass
1 minute plank	1 minute bad leg split	1 pass dragonflies	10 burpees	5 leg lifts stall bars
25 lemon squeezers	Jog for 2 minutes	10 superman rocks	10 purpees	1 pass inchworms
30 second handstand against wall	10 hollow rocks	panel mat pushes	3 pullups	5 push-ups
20 second handstand with partner	30 second pike stretch w/partner	10 V-ups	30 second mountain climbers	1 minute good leg split