

## SOBER Bingo Instructions

### **Host Instructions:**

- Decide when to start and select your goal(s)
- Designate a judge to announce events
- · Cross off events from the list below when announced

#### Goals:

- First to get any line (up, down, left, right, diagonally)
- · First to get any 2 lines
- · First to get the four corners
- First to get two diagonal lines through the middle (an "X")
- First to get all squares (a "coverall")

#### **Guest Instructions:**

- Check off events on your card as the judge announces them
- · If you satisfy a goal, announce "BINGO!". You've won!
- · The judge decides in the case of disputes

### This is an alphabetical list of all 24 events:

BoardPrep, Charecter defects, HOW, Has finished Step Nine, High risk situation, Meditation, Sponsor, Step 10, Step 1, Step 11, Step 12, Step 3, Step 4, Step 5, Step 7, addiction, affirmations, alcohol, break the cycle, co-occurring disorder, family, positive coping strategies, resentments, step 2.



# SOBER Bingo Call Sheet

This is a randomized list of all 24 bingo events in square format that you can mark off in order, choose from randomly, or cut up to pull from a hat:

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	Step 3	     Step 11 	alcohol	Sponsor	HOW
	positive coping strategies	co-occurring disorder	family	addiction	step 2
	Step 5	Step 12	High risk situation	Meditation	resentments
	Step 4	Charecter defects	affirmations	BoardPrep	Step 7
	Step 10	Step 1	Has finished Step Nine	break the cycle	

S	O	В		R
Sponsor	Step 3	High risk situation	resentments	break the cycle
step 2	family	alcohol	Step 12	HOW
addiction	Step 10	FREE	Step 5	Charecter defects
Meditation	Step 11	co-occurring disorder	Step 4	BoardPrep
Step 1	affirmations	Has finished Step Nine	positive coping strategies	Step 7

This bingo card was created randomly from a total of 24 events.

S	O	В		R
Step 3	Sponsor	co-occurring disorder	family	addiction
resentments	HOW	Step 5	BoardPrep	Charecter defects
Step 10	Step 11	FREE	positive coping strategies	Meditation
Step 7	Step 1	Step 4	step 2	High risk situation
alcohol	Has finished Step Nine	affirmations	Step 12	break the cycle

This bingo card was created randomly from a total of 24 events.