

Downsized Bingo

drank 4 glasses of water	lost .2	contacted a friend	turned in a food diary	lost weight
walked around during a commercial	stayed for a meeting	lost weight	food diary 4 days	complimented yourself
lost 2 pounds	drank 8 glasses of water	FREE	lost .4 pounds	ate 5 veggies
did a food diary	exercise 3 days	lost.4	lost .2 pounds	ate 3 fruits
exercise	lost weight	contacted a friend	stayed for entire meeting	lost 1 pound

This bingo card was created randomly from a total of 24 events.

Downsized Bingo

lost .2	drank 4 glasses of water	lost.4	stayed for a meeting	lost 2 pounds
turned in a food diary	complimented yourself	lost .4 pounds	ate 3 fruits	ate 5 veggies
drank 8 glasses of water	exercise 3 days	FREE	stayed for entire meeting	did a food diary
lost 1 pound	exercise	lost .2 pounds	walked around during a commercial	contacted a friend
lost weight	contacted a friend	lost weight	food diary 4 days	lost weight

This bingo card was created randomly from a total of 24 events.