



Recovery Bingo Instructions

Host Instructions:

- Decide when to start and select your goal(s)
- Designate a judge to announce events
- Cross off events from the list below when announced

Goals:

- First to get any line (up, down, left, right, diagonally)
- First to get any 2 lines
- First to get the four corners
- First to get two diagonal lines through the middle (an "X")
- First to get all squares (a "coverall")

Guest Instructions:

- Check off events on your card as the judge announces them
- If you satisfy a goal, announce "BINGO!". You've won!
- The judge decides in the case of disputes

This is an alphabetical list of all 28 events:

"One day at a time...", Addiction, Affirmations, Better communication, Celebrated a recovery milestone, Co-occurring disorder, Dope fiend, Enabler, Family, Has a sponsor, Has fewer than 90 days clean, Has started 12 steps, High risk situation, How many times in treatment, Legal issues, Memory loss, Money problems, Positive coping strategies, Relapse, Relationships, Remember a lost loved one, Resentments, Self-help support group, Shame, Sponsor, Trauma, Trigger, Tweaker.



Recovery Bingo Call Sheet

This is a randomized list of all 28 bingo events in square format that you can mark off in order, choose from randomly, or cut up to pull from a hat:



Remember a lost loved one	Affirmations	Has a sponsor	Addiction	Celebrated a recovery milestone
Tweaker	Relapse	"One day at a time..."	Family	Has fewer than 90 days clean
Shame	How many times in treatment	Money problems	Has started 12 steps	Enabler
Resentments	Positive coping strategies	Self-help support group	Trauma	Better communication
Co-occurring disorder	Sponsor	Legal issues	Trigger	High risk situation
Dope fiend	Relationships	Memory loss		

S	O	B	E	R
Self-help support group	Shame	Celebrated a recovery milestone	Trigger	Relapse
Better communication	High risk situation	Legal issues	Resentments	Dope fiend
Memory loss	Money problems	FREE	Tweaker	Has fewer than 90 days clean
Addiction	"One day at a time..."	Co-occurring disorder	Enabler	Has started 12 steps
Sponsor	Remember a lost loved one	Relationships	Affirmations	Has a sponsor

This bingo card was created randomly from a total of 28 events.

"One day at a time...", Addiction, Affirmations, Better communication, Celebrated a recovery milestone, Co-occurring disorder, Dope fiend, Enabler, Family, Has a sponsor, Has fewer than 90 days clean, Has started 12 steps, High risk situation, How many times in treatment, Legal issues, Memory loss, Money problems, Positive coping strategies, Relapse, Relationships, Remember a lost loved one, Resentments, Self-help support group, Shame, Sponsor, Trauma, Trigger, Tweaker.

S	O	B	E	R
Trigger	Relationships	Self-help support group	Has started 12 steps	Tweaker
High risk situation	Has fewer than 90 days clean	"One day at a time..."	Legal issues	Money problems
Has a sponsor	Resentments	FREE	Trauma	Sponsor
Co-occurring disorder	Better communication	Shame	Dope fiend	Memory loss
Remember a lost loved one	Relapse	Affirmations	How many times in treatment	Addiction

This bingo card was created randomly from a total of 28 events.

"One day at a time...", Addiction, Affirmations, Better communication, Celebrated a recovery milestone, Co-occurring disorder, Dope fiend, Enabler, Family, Has a sponsor, Has fewer than 90 days clean, Has started 12 steps, High risk situation, How many times in treatment, Legal issues, Memory loss, Money problems, Positive coping strategies, Relapse, Relationships, Remember a lost loved one, Resentments, Self-help support group, Shame, Sponsor, Trauma, Trigger, Tweaker.