



Arousal Herbs Bingo Instructions

Host Instructions:

- Decide when to start and select your goal(s)
- Designate a judge to announce events
- Cross off events from the list below when announced

Goals:

- First to get any line (up, down, left, right, diagonally)
- First to get any 2 lines
- First to get the four corners
- First to get two diagonal lines through the middle (an "X")
- First to get all squares (a "coverall")

Guest Instructions:

- Check off events on your card as the judge announces them
- If you satisfy a goal, announce "BINGO!". You've won!
- The judge decides in the case of disputes

This is an alphabetical list of all 24 events:

Ashwagandha, Capadulla Bark (male), Cinnamon, Clove, Damiana, Dong Quai, Fennel, Ginger, Ginkgo biloba, Ginseng, Gongolili (female), Horney Goat Weed, Maca Root, Nutmeg, Rhodiola, Rose, Saffron, Sarsaparilla, Saw Palmetto, Schisandra, Slippery elm, Tongkat Ali, Wild Yam, Yohimbe (male).



Arousal Herbs Bingo Call Sheet

This is a randomized list of all 24 bingo events in square format that you can mark off in order, choose from randomly, or cut up to pull from a hat:



Clove	Ginkgo biloba	Damiana	Sarsaparilla	Rose
Saffron	Maca Root	Tongkat Ali	Slippery elm	Dong Quai
Ashwagandha	Nutmeg	Yohimbe (male)	Saw Palmetto	Ginseng
Gongolili (female)	Horney Goat Weed	Wild Yam	Cinnamon	Rhodiola
Capadulla Bark (male)	Schisandra	Fennel	Ginger	

B	I	N	G	O
Fennel	Horney Goat Weed	Damiana	Wild Yam	Saw Palmetto
Yohimbe (male)	Slippery elm	Sarsaparilla	Gongolili (female)	Cinnamon
Rose	Ginger	FREE	Nutmeg	Capadulla Bark (male)
Dong Quai	Ginseng	Schisandra	Maca Root	Ashwagandha
Ginkgo biloba	Saffron	Clove	Tongkat Ali	Rhodiola

This bingo card was created randomly from a total of 24 events.

Ashwagandha, Capadulla Bark (male), Cinnamon, Clove, Damiana, Dong Quai, Fennel, Ginger, Ginkgo biloba, Ginseng, Gongolili (female), Horney Goat Weed, Maca Root, Nutmeg, Rhodiola, Rose, Saffron, Sarsaparilla, Saw Palmetto, Schisandra, Slippery elm, Tongkat Ali, Wild Yam, Yohimbe (male).

B	I	N	G	O
Horney Goat Weed	Fennel	Schisandra	Slippery elm	Rose
Wild Yam	Cinnamon	Nutmeg	Ashwagandha	Capadulla Bark (male)
Ginger	Ginseng	FREE	Tongkat Ali	Dong Quai
Rhodiola	Ginkgo biloba	Maca Root	Yohimbe (male)	Damiana
Sarsaparilla	Clove	Saffron	Gongolili (female)	Saw Palmetto

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